

# May 2025

## Philippians 4:6-7

*What a Friend We Have in Jesus (ELW 742)*

Week 1

*"Are we weak and heavy-laden, cumbered with a load of care?"*

What phrases in this song bring to mind heavy burdens Jesus has helped you carry? How do these lyrics relate to your faith story?

Week 2

*"What a privilege to carry, everything to God in prayer."*

Write a prayer about your worries, joys and gratitude. Reflect on how trusting in Jesus as a friend affects your life of faith.

Week 3

*"Can we find a friend so faithful, who will all our sorrows share?"*

What act of kindness can you do this week to reflect the friendship Christ shows to you? Reach out in encouragement, help someone in need, or connect with a lonely friend.

Week 4

*What a friend we have in Jesus, all our sins and griefs to bear!*

Sing or listen to this hymn with a group or alone as an act of worship. Reflect on how the themes in this hymn's message have impacted you and your relationship with Jesus.

# Meet Pastor John

*Pastor of Our Savior's Lutheran, Kenton & Living with Grief Ministry*

*“Living with Grief is a unique ministry that began at a local shelter for people experiencing homelessness. We received support from a synod microgrant to gather folks together for fellowship. Members come from the shelter, and from surrounding communities. Meetings include topical discussions and support. The group has bonded very quickly.*

*The song *What a Friend We Have in Jesus* (ELW 741) has provided hope for the members of our group during difficult times. We feel that this hymn could be used before the Prayers of the Church during worship.”*

Listen to Pastor John's daughter Laura sing this hymn with beautiful artwork by Vickie, a leader at Our Savior's.

