

The Great Goat Escape – Tag Game

Oh no! The Mbuzi (Swahili for Goats) have escaped! It's your job as the Mbuzi Shepherds to ensure all the goats get back to the herd!

Before You Start:

- Ask for two volunteers. Assign both of them to be 'it'. They become "Mbuzi Shepherds" and must link elbows.
- Demonstrate safe tagging:
 - Light touch, like a butterfly wings, on the back or shoulders.
 - Unsafe tags: hard contact that might cause the person being tagged to fall.
- Demonstrate with volunteers how to move with a partner--working together, moving safely--how to link when you are tagged--at the elbows--and how to separate when there are four people in the 'Mbuzi Shepherds' - splitting into two separate groups of two by the two players in the middle releasing elbows.
- Make sure the participants understand the rules, boundaries and the importance of safety.
- Spread participants out within playing area.

How to Play:

- When play begins, 'Mbuzi Shepherds' move together--keeping elbows linked--and try to tag the rest of the Mbuzi (players).
- When someone is tagged, participants link elbows with the tagger, becoming part of the 'Mbuzi Shepherds.'
- When a fourth player is tagged, the 'Mbuzi Shepherds' then separate into two separate Shepherd Blobs.
- Every time a Shepherd Blob becomes four players it splits; two players detach creating two separate Shepherd Blobs.
- Play continues until all of the players become part of the 'Mbuzi Shepherds.'
- If a Mbuzi (Players) runs out of bounds while trying to avoid the 'Mbuzi Shepherds', they must then connect with the nearest Shepherd Blob and continue to play.
- The last two players can then become the first Shepherd Blob for the next game.