

Tasting Tanzania Games

Goats Eat Everything! Taste-Test Game

Form two teams and compete to see which team can identify the most delicious delights from Tanzania! Each player who correctly guesses the item receives a point for their team. If the item is not identified by the team sampling, the opportunity passes to the next team and so on, and so forth.

See the suggested list of foods below. Create a way for players to taste the foods without seeing what they are eating.

- Mango (easy to buy frozen and thaw)
- Banana
- Coffee
- Tea
- Rice and beans
- Peas
- Pumpkin
- Pineapple
- Watermelon
- Oranges
- Tomatoes
- French fries (typically prepared with eggs as a delicious omelet, *Chips Mayai*)

Spend some time talking about the importance of food security for families in Tanzania, including sustainable agriculture and caring for creation to slow the risks of climate change. You may even consider inviting a farmer in to talk to your group about smart soil practices, regenerative agriculture, and the benefit of uses of natural fertilizers like the goat poop that the goats from *The Great Goat Project* will provide!

For conversations on sustainable agriculture in Tanzania, check out these resources:

- From the [Lutheran World Federation](#)
- From [Lutheran World Relief](#)

For more ideas for how to incorporate food to tell important stories of companions and discuss topics of faith, check out the ELCA World Hunger [At the Table](#) Curriculum.

Let's Cook! Cooking Challenge

Make Chips Mayai! A popular street food, this French-fry omelet is combines just a few ingredients to make a delicious meal, beloved by folks across Tanzania. Try your hand at the recipe [here](#).

Karibu chakula! (kah-ree-boo chah-koo-lah)

Welcome to the food!