# Clinical Pastoral Education Community Based SAMS ELCA

Clinical pastoral education (CPE) is a practical learning experience which involves an action/reflection model of learning. The learners are involved in direct pastoral care in a variety of settings ranging from church ministries to hospitals to hospices, etc. Then, under supervision, the learner reflects on those pastoral experiences in such that fosters learning.

Clinical Pastoral Education is an "Action/Reflection" inductive method of learning. Trainees have opportunities to "act" in ministry. Then, in group we reflect on the practice of ministry in order to learn. In CPE, we have two types of "reflection groups." One is the "Verbatim/Case Study" in which a trainee presents a pastoral ministry encounter in order to learn from it. These Verbatim cases should focus on areas where the trainee is struggling or where the trainee feels he or she "missed it." The second type of group is the "Interpersonal Relationships Seminar" or "IPR." The CPE philosophy is that the main tool we have as a pastoral care giver is the "self" in relationship with others. The sharper the tool of the self, the better pastoral care givers we become. The IPR is a laboratory of relationships in which we practice working on ourselves in relationship with our peers in order to sharpen the tool of the self.

These are some of the key concepts in an action reflection learning process:

- 1. Learning from experience, both personal and professional, through case study reflection, peer feedback, and the supervisory encounter in such a way as to shape future action.
- 2. Working with a peer group, to be held accountable and to hold others accountable, for personal and professional development.
- 3. Gaining awareness as a pastoral care giver while developing pastoral identity and authority.

The program is under the supervision of the Rev. Karen Huddelson – Gillespie a Presbyterian Minister and certified in Clinical Chaplaincy and Pastoral Supervision by the College of Pastoral Supervision and Psychotherapy (CPSP) The units of CPE are accredited by your sponsoring agency of the ELCA local Synod. These units of CPE meet the standards to fulfill the CPE requirements for Board Certified Clinical Chaplain, Certified Pastoral Counselor, and Clinically Trained Minister by the local Synod of the ELCA within the TEEM and SAMS Training Program.

The tuition for each unit is \$500. A payment plan may be arranged. Fees may be paid by the local ECLA Synod directly to Trainer at the end of the Unit term.

The requirement for completion of each full unit CPE is a minimum of 300 hours of supervised ministry. This includes seminar time as well as clinical time added together. Seminars are held one day each week from 12:00 to approximately 5:00 p.m. The seminars include Group Relationship Seminar (Interpersonal Relationship Seminar, or IPR), verbatim case study seminars, reading reflection seminars, and didactics.

In addition to work in a ministry setting, each learner is required to attend weekly individual supervision of at least 30 minutes. This may be arranged to be done by Zoom video conference.

#### Written requirements are:

- 1. A Learning Covenant
- 2. Written Presentation of Reflection upon Clinical Work one of the following each week:
  - a. Verbatim
  - b. Full Case Study
  - c. Critical Incident Report
- 3. Professional Reflection Journal To be turned in each week- due by Sunday of each week.
- 4. Growing Edge Book Review –1 per unit
- 5. Mid-term and Final Evaluations Due at the end of each half unit
- 6.

Contact information for Kate Huddelson, CPE Supervisor: <a href="mailto:katehuddelson@icloud.com">katehuddelson@icloud.com</a> \$ 231-459-6010.

# **SAMPLE CPE Community Program**

- 1. The Unit Term last approximately 10-12 weeks. Applications are accepted & required to be accepted prior to beginning of term start date.
- 2. The hours of seminars for each Unit CPE program are 12 p.m. to approximately 5:00 p.m. on designated day of week listed in each Unit's schedule.
- 3. Tuition fee for each unit of CPE in the program is \$500.00 per unit. The total fee for the unit, ½ of the fee in two payments, or pay it over a three month period on a monthly basis). It is the responsibility of the learner to establish how they will pay training fees at the beginning of training. The local Sponsoring Synod will make arrangements for payment.
- 4. Groups meet on Zoom video conferencing for all sessions. At end of term for graduation ceremonies If invited, Supervisor may attend event to meet students.

# **BASIC REQUIREMENTS:**

The total number of required supervised hours of ministry for each of CPE is a minimum of 300 hours of supervised ministry.

The basic requirements for the program are:

- Verbatim/Case Study Seminars, 5 per term
- Interpersonal Relationship Seminars (IPR), 1 per week
- Didactic Seminar, 1 per week in alignment with assigned readings
- Clinical work to units/areas as assigned
- Reading of 1 book that challenges the growing edges of each learner
- Individual Supervision session is offered each week. Each learner are responsible for setting the regular time and calling into Supervisor for each session.

#### WRITTEN REQUIREMENTS:

- 1. A Learning Covenant
- 2. Written Presentation of Clinical Work do 5 total over the term:
  - a. Verbatim (most common)
  - b. Full Case Study (one per unit)
  - c. Critical Incident Report (use as needed in lieu of a verbatim)
- 3. Personal/Professional Reflection Journal To be turned in each week by Sunday night
- 4. Growing Edge Book Review 1 each unit (in lieu of one weekly verbatim)
- 5. Final Evaluations Due at the end of the unit